

Presented by the Camden County Board of Commissioners and
Offered through the Camden County Office of Mental Health & Addiction

HEALTHY MINDS HEALTHY AGING

Free Medication & Substance Use Safety Sessions for Older Adults



SESSIONS INCLUDE

MEDICATION SAFETY

Prescription
& OTC

SUBSTANCE USE AWARENESS

Alcohol, cannabis,
& vaping risks

HEALTHY LIVING

Pain management
& coping strategies

HEALTHCARE COMMUNICATION

Talking with providers
& understanding care

SESSIONS ARE AVAILABLE IN-PERSON OR VIRTUAL AND AT NO COST

REQUEST A TRAINING FOR YOUR GROUP

andrea@cccada.org
856-427-6553

*Facilitated by the Camden County Council
on Alcoholism & Drug Abuse, Inc.*

To learn more about the Office of
Mental Health & Addiction's 50+
services, call **856-374-6361**

Camden County Council
On Alcoholism & Drug Use, Inc.

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Making It Better, Together.

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